



MASSACHUSETTS  
GENERAL HOSPITAL



HARVARD  
MEDICAL SCHOOL

Office of the President  
55 Fruit Street  
Boston, Massachusetts 02114-2696  
Tel: 617-724-9300  
Fax: 617-724-3377  
Email: pslavin@partners.org

Peter L. Slavin, MD  
President  
Massachusetts General Hospital  
Professor Health Care Policy  
Harvard Medical School

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Dinesh Patel, MD  
55 Fruit Street  
YAW – 3053-3G  
Boston, MA 02114

Dear Dinesh,

I write to wish you and your colleagues many blessings on International Yoga Day, June 21.

As a physician, I know the importance of taking care of our whole selves – body, mind and spirit. Yoga holds tremendous benefits for those who practice it, and I very much appreciate all that you and others do at this hospital to encourage us all to remember the connection between mindfulness and wellbeing.

Fondly,

*Peter L. Slavin, MD*  
*President*  
*Massachusetts General Hospital*



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